



# ***STaR Volunteer Ambulance Community Training Program Available Classes***

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## **Adult and Pediatric CPR & AED**

Learn the life-saving skills of cardiopulmonary resuscitation (CPR) and how to use an automated external defibrillator (AED). *2 hrs.\* \$45/person*

*Note: This class is not intended for healthcare professionals.*

## **Adult and Pediatric First Aid**

Learn the skills to treat minor injuries and illnesses, and how to manage serious health emergencies until professional help arrives. *3 hrs.\* \$50/person*

*Note: This class is not intended for healthcare professionals.*

## **Non-Certificate First Aid**

A shortened version of the adult and pediatric first aid class designed to be combined with a CPR class. This version covers only care for life-threatening emergencies such as choking, severe allergic reactions, overdoses, and bleeding control. This class will not result in a formal first aid certification. *1hr.\* \$10/person*

## **Bloodborne Pathogens**

This class covers the topics of bloodborne pathogen transmission, exposure control, and housekeeping. This class meets OSHA requirements for yearly employee training. *1 hr.\* \$30/person*

## **Child and Babysitting Safety\*\***

Learn to care for young children safely. This class covers the topics of basic childcare, hygiene, safe food preparation, naps & bedtime, handling challenging behaviors, recognition and handling of emergencies, and organizing a babysitting business. This class also provides certification in Pediatric CPR & First Aid. Open to adults and children ages 12 and older. *6 hrs.\* \$70/person*

*Note: This class does not meet the New York State requirements for certified childcare provider education.*

## **Wilderness First Aid\*\***

Learn advanced first aid skills and management of the unique situations involved in caring for injuries and illnesses in remote areas. Topics covered include assessment, bleeding control, wound & injury management, burns, poisoning, bites & stings, exposure emergencies, movement/extrication, and basic survival considerations, among other topics. This class meets the Boy Scouts of America Wilderness First Aid training requirements.

*Prerequisites: Adult CPR & First Aid.*

*16 hours over two days.\**

*\$140/person*

**To sign up or request a class, visit our website at [starambulance.org](http://starambulance.org)**

Effective 1/1/2024. Prices are subject to change without notice.

\* Class length may vary slightly depending on the number and experience level of attendees.

\*\* These specific classes, unless otherwise advertised, are not available to individuals and must be requested for a group of 5 attendees minimum.



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## **BLS (Healthcare Provider CPR)**

This class provides CPR certification for healthcare professionals. Continuing education credit is available for emergency medical services and dental professionals. *2 hrs.\* \$45/person*

## **Advanced Cardiac Life Support (ACLS)\*\***

For healthcare providers only. This class covers the didactic and practical aspects of the most current ACLS guidelines established by the AHA.

*Initial- 6 hrs.\* \$70/person*

*Renewal- 4 hrs.\* \$50/person*

## **Stop Life-Threatening Bleeding**

Learn to assess and control serious bleeding caused by injury. 1 hr.\*

*Certificate: \$35/person*

*Non-certificate: \$15/person*

## **Hands-Only CPR Demonstration (Non-Certificate)**

A 10-minute demonstration of basic hands-only CPR. This does not result in any certification. STaR is happy to present this quick training demonstration at any local event or gathering free of charge.

## **A Note on Pricing**

*STaR Volunteer Ambulance is committed to providing this important education at the lowest cost possible. Please know the pricing for our classes covers the cost of providing the class and maintaining our equipment, and nothing more.*

*If you would like to attend a class but cannot due to financial hardship, please contact us to discuss possible options.*

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